



# Investiture Ceremony



Leading the way to learning  
and owning responsibilities



# Fruit Parade at BCM Kindergarten



Tiny tots of Kindergarten marching in a fruitilicious parade

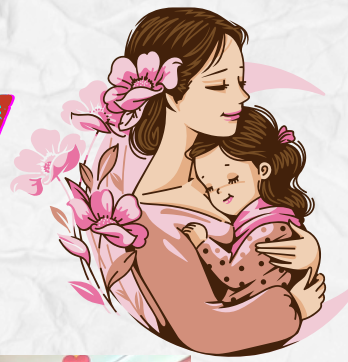
# World Laughter Day



On laughter day  
let smiles bloom wide  
In every heart  
let happiness reside



# Mother's Day



**Making unforgettable memories with mothers**



# Endeavour

## *Inter School Graffiti Competition at BCM Dugri under Riseup4peace educational endeavour*



In a remarkable showcase of creativity and social engagement, BCM Dugri hosted an Inter-School Graffiti Competition titled "Artistic Accord" within the confines of the school. Organized under the auspices of Riseup4peace educational endeavor and supported by the esteemed United Nations Office on Drugs and Crime (UNODC), the event aimed to foster education on crucial elements of SDG16—peace, integrity, and the rule of law.

The competition saw enthusiastic participation from 26 schools across the city, with each team comprising of five students from classes IX to XII who showcased their artistic talents. Against the backdrop of vibrant colors and charged with excitement, students brought their unique perspectives to the canvas, highlighting the transformative influence of art as a vehicle for advocating peace and justice.



## *BCMites visited Kamla Nehru Public School, Phagwara for Peace Fest*

The students witnessed a commendable amalgam of Art and Performing Arts shown by the host school. The show reflected the dedication towards achieving Sustainable Development Goal 16, promoting peace, justice, and strong institutions. Our students had an incredibly enriching experience. The event fostered a sense of unity and harmony but also inspired young minds to work towards a better, more peaceful world. Such platforms are indeed a good display for cultural exchange and understanding.



## ***A Session on Child Psychology at BCM School, Dugri***

The School organized an engaging session for senior students of class IX and X on Child Psychology. The session aimed to help them understand the intricacies of the young mind. It also empowered students with knowledge and skills to navigate their own emotions, behaviours, and relationships more effectively. The spokesperson Ms. Ashima Banga explored topics such as understanding emotional intelligence, developing empathy and compassion, building self-esteem and confidence and last but not the least managing stress and anxiety. She emphasised on the various streams which students need to think of while they will be in higher grades. All in all, the session proved to be fruitful for the students.



## **Parents' Corner**

### ***HONESTY***

It is rightly said that honesty is the best policy as it's a feeling of happiness in one's life. Honesty is always admired by people in society as it is one of the greatest human qualities, which includes integrity, loyalty and righteousness. An honest person will always be straight forward and will choose the path of truthfulness. The policy of honesty eliminates the thought of evil from a person's mind. Being honest helps people to be happy in their lives as it is the best quality that a human being should carry to encourage a person to spot and correct mistakes committed by them or their dear ones. This trait reflects a person's strong character and enables him to be recognized among people, because a person with the trait of honesty stands out in society. We learn good values from our home, our friends and our teachers. We must practice good manners and discipline in our life to demonstrate the qualities of honesty. Choosing dishonesty can lead to disaster as it can destroy our life. Moreover, you cheat yourself when you choose dishonesty over honesty. So avoid all the bad activities and shine in all phases of life by being an honest and successful person.

**"Honesty is the first chapter in the book of wisdom."**

**Let's realize the true strength of honesty and mark our presence in the everlasting marathon for wisdom.**

**Ms. Shelly Gumber  
M/o Moksh Gumber  
VI Daisy**



# Teachers' Corner

## पर्यावरण

पर्यावरण हमारे जीवन में एक महत्वपूर्ण भूमिका निभाता है। पर्यावरण हमें आवश्यक संसाधन प्रदान करता है और पृथ्वी पर जीवन को बनाए रखने वाले पारिस्थितिक तंत्र को भी बनाए रखता है। हमारे कार्यों का पर्यावरण पर गहरा प्रभाव पड़ता है, जिससे जलवायु परिवर्तन होता है। प्रदूषण, वनों की कटाई और प्राकृतिक संसाधनों का अत्यधिक उपभोग पर्यावरणीय के क्षरण के प्रमुख योगदानकर्ताओं में से हैं। यह गिरावट मानव स्वास्थ्य, खाद्य सुरक्षा और जैव विविधता के लिए महत्वपूर्ण खतरा पैदा करती है। उदाहरण के लिए, वायु और जल प्रदूषण से श्वसन संबंधी बीमारियाँ और जलजनित बीमारियाँ हो सकती हैं। इन बीमारियों से दुनिया भर में लाखों लोग प्रभावित होंगे। जलवायु परिवर्तन मौसमी घटनाओं को बढ़ाता है, खाद्य उत्पादन को खतरे में डालता है और समुदायों को भी विस्थापित करता है। इन चुनौतियों से निपटने के लिए, टिकाऊ प्रयास करना आवश्यक है जो हमारे पर्यावरणीय प्रभाव को कम करें। इसमें उत्सर्जन को कम करना, प्राकृतिक आवासों का संरक्षण और नवीकरणीय ऊर्जा स्रोतों में परिवर्तन जैसे कार्य शामिल हैं। पर्यावरण प्रबंधन को बढ़ावा देने के लिए जागरूकता बढ़ाना और पर्यावरण शिक्षा को बढ़ावा देना महत्वपूर्ण है। मानव और पर्यावरण के बीच अंतर्संबंध को पहचानकर, हम एक स्थायी भविष्य की दिशा में काम कर सकते हैं। हमें संरक्षण प्रयासों को प्राथमिकता देना होगा। वर्तमान और भविष्य की पीढ़ियों के लिए पर्यावरण की सुरक्षा करने वाली नीतियों को लागू करना आवश्यक है। केवल सामूहिक मेलजोल और जिम्मेदार नेतृत्व के माध्यम से ही हम सभी के लिए एक स्वस्थ ग्रह बना हैं।

दीपिका गर्ग

TGT HINDI

## ਹੈਰਾਨੀਜਨਕ ਤੱਥ

1. ਇੱਕ ਛਿਪਕਲੀ ਦਾ ਦਿਲ ਇੱਕ ਮਿੰਟ ਵਿੱਚ 1000 ਵਾਰ ਧੜਕਦਾ ਹੈ।
2. ਦੁਨੀਆਂ ਵਿੱਚ ਜ਼ਿਆਦਾਤਰ ਲੋਕ ਪੈਂਨ ਖਰੀਦਣ ਤੋਂ ਬਾਅਦ ਆਪਣਾ ਨਾਮ ਲਿਖਦੇ ਹਨ।
3. ਤਿੱਤਲੀ ਫੁੱਲਾਂ ਦਾ ਸੁਆਦ ਆਪਣੇ ਪੈਰਾਂ ਤੋਂ ਪਤਾ ਕਰਦੀ ਹੈ।
4. ਦੁਨੀਆਂ ਵਿੱਚ 85% ਪੌਦੇ ਸਮੁੰਦਰ ਦੇ ਅੰਦਰ ਪਾਏ ਜਾਂਦੇ ਹਨ।
5. ਜ਼ਿਰਾਫ ਦੀ ਜੀਭ 21 ਇੰਚ ਲੰਬੀ ਹੁੰਦੀ ਹੈ ਜਿਸ ਦਾ ਇਸਤੇਮਾਲ ਉਹ ਕੰਨ ਸਾਫ ਕਰਨ ਦੇ ਲਈ ਕਰਦਾ ਹੈ।





# **Appreciation to our Budding Writers**

## **THE BLUNDER**

It was on a Friday afternoon, I just got home from school. I was exhausted. I unlocked the main door of my house and got in. Everyone had gone to a wedding, that is why I had the keys of the house. I was all by myself. I poured myself a glass of chilled water and drank it all in one go. My mother had prepared lunch for me and kept it in the kitchen. I did not want to get up but I was famished. On the kitchen platform, a bowl was placed with a lid over it. To its right, there was the hot box. I lifted the lid and felt like crying because there was 'Turai ki sabzi' in it. I am not a fan of this dish. I hate it so much that I would rather eat a spoonful of the hottest sauce in the world than this. I had a very tiring day at school, I did not expect 'turai' would welcome me once I reach home. I was longing to eat some good food that I liked. I was just pondering what to do and I came up with the decision to order something online. I know where my mom keeps cash. "I would let her know when she gets home" I said to myself. So without thinking much I ordered a medium sized veggie pizza with Choco lava cake. Oh! How delighted I was. It was showing on the app that the food will take around 55 minutes to be delivered. I thought I should take a nap which would also keep me from thinking that I was starving. I set a timer for 45 minutes and drifted to sleep. The noise of my alarm is no less alarming than the sound of a cawing rooster. Startled, I switched it off. I opened the app to track my food and it was still showing 55 minutes for my order to reach me. This is where my patience ended and I was furious. I get annoyed easily when I am hungry and at this point I was hungry.. I decided to call my delivery partner. I opened the dialler and as I was about to paste the number I had copied; somehow '100' was dialled and it started ringing. I saw that. They quickly answered. I was so shocked. As a thirteen year old, I had never been on phone with 'The Police'. "Is anyone there?" is what they said. I was super embarrassed . I panicked. The only word that came out of my mouth was 'No'. Then, at the same time, I mistakenly hit a glass vase and it fell on the ground and shattered into pieces. The phone got cut. I was relieved but I was filled with remorse. I did not think that it was necessary to call them again and tell them that this had happened."" I shrugged off the thought and swept the floor. Then I sat on the sofa and checked for my order and it was back to normal. The delivery partner was on his way and like 4-5 minutes away from my house. I switched on the T.V. and played my favourite cartoon. Within a very few minutes, my doorbell rang. I grabbed money and rushed to the door. I opened the door and I was DUMBSTRUCK. There was no delivery guy but Policemen with guns. My heart was throbbing in my throat. I never thought they would actually come. They told me that they tracked my location. I felt bad. I am sure my face expressed contrition. They inquired if everything was fine and I said, "Sir I am at fault. I had ordered food online, I was trying to call at the restaurant but accidentally I called you. I am extremely sorry for the inconvenience." They had no expressions on their faces. They told me they had to come inside to check. They entered in and checked all around the house. Then, they asked me about the shattering of glass, I showed them the broken glass pieces in the dustbin and told them it was a mistake. They seemed a bit angry and annoyed which was totally justified.

I offered them water but they refused. They glanced at the clock and told me that this was very careless of me and people should not take this as a joke. I apologised again sincerely. Then they left. I was still not able to process what had happened. I was about to close the door when my order arrived. I paid the delivery guy. I had no energy left to argue with him on the poor functioning of their app. I came inside, washed my hands and started eating like I had been hungry for ages. I played some music and enjoyed the evening. I thought my parents would never believe that what had happened while they were not at home. I was scared to tell them. I thought I would tell them everything but on some other day. I slept again. I woke up by the ringing of the doorbell. Everyone in my family had arrived. I peeked out of the door but there was no one standing there. I looked around and our car was parked at its place so I knew my parents had arrived. I opened the door and I saw them talking to the aunt that lived in-front of us. Actually, she was narrating the whole incident to my mother. When they saw me, the aunt called me and my mother hugged me. The aunt was eagerly waiting to know what had happened and I told them everything from the beginning. They looked at me with disbelief. The aunt was quite not convinced. My father and others very rather angry. They started scolding me. We all came inside. I gave everyone water and again explained what had happened. They gave me a lecture for an hour. My mother was worried that neighbour will spread rumours in the neighbourhood. My father told her to calm down. Just then, my mother's phone rang. It was Reshma aunty. She said that Raman(our neighbour) had told her about Police coming in our house. She did not quite believe my mother when she told her that it was a mistake. She wanted gossip. Just then, my father's phone rang. It was Sharma uncle, he also asked for the same. I thought Raman auntie had nothing better to do. The news had spread like forest fire. "We will spend the whole week explaining to everyone what had actually happened" I thought.

Gurtej Kaur  
IX Rose

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### **ART OF LIVING**

Life is what you make of it. The art of life is to know how to enjoy a little and to endure very much. Don't waste your time in anger, regrets, worries and grudges. Life is too short to be unhappy. Little by little, day by day, what is meant for you will find its way. So learn to be happy! Don't compare your life to others. You have no idea what their journey is all about. Don't look for people's approval for everything. Make and be confident in your own decisions. Don't miss the opportunity to spend time with those you love. Don't ever complain about the things your parents couldn't give you. It is probably all they have. Happiness is the thing you love doing. In fact, happiness is right here in the little moments. Live in the present moment, let go of things and be happy. Spend more time with your family or close friends. Always do what you love and accept reality. And the last happiness mantra is 'Gratitude for Everything'. Remember, happiness is a journey not a destination. So be happy and optimistic !!

Rjdeep Kaur  
VI Daisy

## **A VIVID DREAM**

One day, while watching a horror movie, I was thinking about how souls would become so bad and angry. Even some 'entities' are really powerful. I know the word entity as I watched many podcasts regarding that only and that one question only came to my mind, Do ghosts exist? But now my answer is turning to big 'Yes'. As I have seen in movies, the Conjuring, the Annabelle and many more that are just based on true events and paranormal activities. Now, I think there is existence of another world which has their leaders that want to rule over our world and make us their slaves and treat them as our rulers, but why are they mighty, and what do they eat? It was almost 12:30 a.m. and my Mom shouted, "Henrick, when are you going to sleep?" and I replied, "Just right now, mom." Then I switched off the TV and I came back to my room, and I was feeling quite uneasy about sleeping. Many thoughts and questions were roaming in my mind, but then Suddenly, I felt asleep. When I started dreaming, I saw that I was in a room, but it was not my house the way it used to be. It was too dark to see. I grabbed a torchlight and then started searching for my mom, but while searching, I saw my brother lying on the floor with blood all over his body and cuts on his face, like someone had intentionally tried to do that. I got scared, and I shouted, "Mom, where are you? See what someone has done to Rian". When I was calling her out,, there was no response. Suddenly, my torch fell down, and its batteries were lost. While I was searching the batteries, I had a feeling like someone was standing behind me and staring me continuously. When I turned on the torch, I saw a rat. and it was not at all a normal-sized rat; and even taller than me. I got freaked out and ran outside of my house. And then I saw the most horrifying scene: my mom was hanging upside down on a tree, and I got even more scared. Suddenly, I woke up from the nightmare and called my mom. She came to me and hugged me. Suddenly, I looked out of my window and saw my mom hanging still upside down the tree and staring at me. I was astonished, and when I turned my face back to my mom, who was sitting close to me just a couple of seconds ago, now she was not there. I was really in a dilemma like, is it real or am I still in a nightmare? I pinched myself thinking that it was just a nightmare. when I I pinched myself nothing got changed. I realized that I was not having a nightmare, but the bitter truth was that my nightmare was a reality. I decided to run out of my room, but when I looked down, there were no stairs, and underneath the roof of my room, there was hot lava, and I was able to hear a lot of screams. down there, just like it happens in the movies, but now it was happening to me. Then I thought the window in my room was 2.5. feet tall only. So I decided to jump out of the window, thinking everything would be alright, but I was being played through my mind by that entity. The entity was so powerful that whenever I ran, it threw a thunder light around me, but I managed to escaped and ran to the woods. When I was moving towards the woods, I saw two creatures who had a human body but were moving like animals.. It felt like I was in an upside-down world, seeing unreal things. Then, on my way, I saw my friends, those who were still alive, and now we were united together. One of my friends was a daughter of a priest. Her name was Amelie, and she knew something and tried to pray. I heard from many people that she was blessed and had some superpowers, but she never showed them. Then she was getting ready for prayer and asked me, Sandy, Arthur, and Riana should sit in a circle so that our positive energies can make a chakra of good light against negativity.

When she started her prayer , Sandy got a bad hit on his back, and when I turned back to see the back of Sandy, there was a huge shadow. It was so unrealistic and scary that Arthon peed his pants. Then suddenly, we saw a huge, white-bright light. that flashed into our eyes, and then me and my other friends passed out for some time. After some time, Amelie woke us up and we saw that it was a sunny morning with birds chirping. Then everything got settled, and our mothers came running to us and hugged us, but no one was there to hug Amelie because she lost her mother, so my mom and Sandy's mom hugged her and thanked her for saving everyone's life.

Ishika  
x Aster

## Students' Achievements



Ishan Grover (II Aster) won *gold medal* in Kumite 3rd Open Punjab Seishinkai Karate Championship 2024.



## Career Insight

### Bachelor of Pharmacy

B Pharma is an undergraduate degree programme in the field of pharmacy. B Pharma course duration is four years. Individuals who are interested in becoming pharmacists and want to know how various medicinal drugs affect the human body can opt for the B Pharma course. It can be pursued after completing 10+2 in the Science stream or Students who have completed their three-year diploma in pharmacy or D Pharma course are also eligible to pursue B - Pharmacy course.

Students can either appear for a national-level entrance examination for B. Pharma. or various other state-level entrance examinations such as TS EAMCET, AP EAMCET, BCECE, and WBJEE. Interested students can choose specialization while pursuing the B. Pharma course like-

Ayurveda

Pharmaceutics

Pharmaceutical Chemistry

Pharmacology and Toxicology etc.



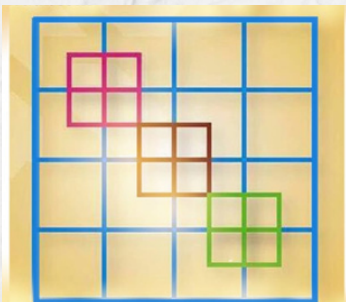
# Exploration



## जीवन में संस्कारों का महत्व

संस्कार दो शब्दों का मेल है सम+कार अर्थात सम का मतलब सम्यक या अच्छा और कर का मतलब कृति या कार्य, इस प्रकार संस्कार यानि अच्छा कार्य । संस्कार का सामान्य अर्थ है-किसी को संस्कृत करना या शुद्ध करके उपयुक्त बनाना। किसी साधारण या विकृत वस्तु को विशेष क्रियाओं द्वारा उत्तम बना देना ही संस्कार है। वहीं आध्यात्मिक अर्थ में मन, वचन, कर्म और शरीर को पाक पवित्र करना, हमारी प्रवृत्तियों और मनोवृत्तियों को शुद्ध व सभ्य बनाना संस्कार होता है और व्यावहारिक अर्थ में सद्गुणों को बढ़ाना व दुर्गुणों को घटाना और अच्छी आदत लगाना व बुरी आदत छोड़ना संस्कार है । संस्कार से ही हमारा सामाजिक और आध्यात्मिक जीवन पुष्ट होता है और हम सभ्य कहलाते हैं। व्यक्तित्व निर्माण में संस्कारों की महत्वपूर्ण भूमिका होती है। संस्कार विरुद्ध आचरण असभ्यता की निशानी है। मनुष्य जन्म के समय विशुद्ध प्रकृति होता है , संस्कार मिलने से संस्कृति और विकार मिलने से उसमें विकृति आ जाती है। इस प्रकार अच्छे-बुरे संस्कार होने के कारण मनुष्य अपने जीवन में अच्छे-बुरे कर्म करता है, फिर इन कर्मों से अच्छे-बुरे नए संस्कार बनते रहते हैं तथा इन संस्कारों की एक अंतहीन श्रृंखला बनती चली जाती है, जिससे मनुष्य के व्यक्तित्व का निर्माण होता है। व्यावहारिक दृष्टि से संस्कार का अर्थ इस उदाहरण से भी समझा जा सकता है जैसे कि केला खा कर छिलका फेंक देना एक साधारण कृति है, केला खा कर छिलका कूड़ेदान में फेंक देना प्रकृति है, केला खा कर छिलका सड़क पर फेंक देना विकृति है और दूसरे व्यक्ति द्वारा केला खा कर सड़क पर फेंका गया छिलका उठा कर कूड़ेदान में डालना संस्कृति है या यूँ कहें कि भूख लगना और खाना खाना प्रकृति है, दूसरे का खाना खाना विकृति है और भगवानको अर्पित करके खाना खाना संस्कृति है। संस्कार पूर्णतया विरासत में मिलते हैं, बच्चे माता-पिता से सबसे ज्यादा सीखते हैं फिर अपने गुरुजनों से और फिर अपने नजदीक के वातावरण और अपने दोस्तों से सीखते हैं। बच्चे के पहले गुरु माता-पिता होते हैं अतः सर्वप्रथम माता-पिता को धर्म-स्वरूप व संस्कारी बनना चाहिए, जैसा कार्य माता-पिता करेंगे वैसा ही बच्चे करेंगे ;जैसे गुण आपके होंगे , बच्चे वैसा ही सीखेंगे । अच्छे बुरे की पहचान का विवेक और उनमें अंतर समझने योग्य संस्कार बच्चे को उसके माता-पिता से ही मिलते हैं । सामान्यतः माता-पिता कहते रहते हैं कि बच्चे बिगड़ गए हैं, दोस्त, रिश्तेदार या जान-पहचान वालों ने बिगाड़ दिया है लेकिन इससे माता-पिता का दोष कम नहीं हो जाता क्योंकि बच्चे को अच्छे संस्कार देने का श्रेय माता-पिता को जाता है तो बच्चे में अच्छे संस्कार न होने का दोष भी उन्हीं पर ही आता है । अगर माता- पिता के दृष्टिकोण से नहीं, बच्चों के दृष्टिकोण से बात करें तो कई बार माँ-बाप बच्चों में संस्कार व अनुशासन इत्यादि सिखाने में इतने आगे निकल जाते हैं कि अपना मूल उद्देश्य पूर्णतया भूल जाते हैं, नतीजन डोर अधिक खिंच जाती है ,बच्चे में विद्रोही प्रवृत्ति पैदा हो जाती है । अति हमेशा बुरी होती है और अति से लाभ कम और हानि ज्यादा होती है। इसलिए हमेशा माता-पिता को बच्चों के साथ मित्र भाव व प्रेममय व्यवहार रखते हुए एक आदर्श प्रस्तुत करना चाहिए । आज बच्चे संस्कार दादा-दादी की कहानियों से नहीं बल्कि टेलीविजन के नाटकों, फेसबुक , इंस्टाग्राम या यूट्यूब से ले रहे हैं। ऐसे में बच्चों को उचित वातावरण उपलब्ध करवाना जहाँ माता-पिता का दायित्व है, वहीं बच्चों को बुरे दोस्तों और विकृत साधनों से दूर रहते हुए अपने माता-पिता के सपनों को समझने का प्रयास करना चाहिए तथा अपना भविष्य संस्कारों की सीढ़ी चढ़ते हुए सफल बनाकर अपनी मंज़िल तक पहुँचना चाहिए। । युवाओं को चाहिए कि वे संस्कारित कृत्य करते हुए स्वयं को अपने समाज के योग्य बनाकर तन, मन और मस्तिष्क से स्वस्थ रहकर अपने माँ-बाप के प्रति अपने फर्ज को निभाएं, व अपने परिवार के दुःख-शोक मिटा कर शांति और समृद्धि का रास्ता खोलें तथा अपने जीवन को सुखद तथा सुंदर बनाएं।

## Mind Boggler



How Many Squares are there in this figure?

Ans. key of vol. 47

- 1.The letter 'M'
- 2.The letter 'C'
- 3.Short
- 4.The letter 'N'
- 5.A Bat
- 6.A Porcupine

